



1. What made you decide to take A Level PE as part of your 6th form studies?

I enjoyed playing all sports growing up and took that into life at BWS, playing for as many teams as possible. Having studied PE at GCSE and knowing that I wanted to do something sport-related when I was older, taking PE at A-Level was a really straightforward decision. I'd already got to know the teachers through sport and GCSE PE, so I knew I'd have their support and that the course would be well delivered

2. Having finished Year 13, give us some idea of the pathway that you took in terms of further studies or career choices.

After spending my gap year helping the PE departments at both BWS and then a school in Australia I went to university to study Sports Coaching before continuing those studies into a Masters Degree in Performance Analysis. I made sure I got some great experience during these years, coaching at a local school, working with the university teams and also England Lacrosse. This experience led to my first job after university as an academy sports scientist at Reading Football Club.

3. Where has this led you to at the present time and what are your plans for the future?

I spent nearly seven years at Reading, in various roles, eventually heading up the operations, analysis and recruitment departments in the academy. Earlier this year I was appointed Football Operations Manager at Arsenal FC within their academy. I've always been driven by a passion for performance in sport and talent development and my plans for the future will be driven by that.



Humility, Enjoyment, Respect, Resilience, Discipline