

## BISHOP WORDSWORTH'S SCHOOL

### SEX EDUCATION POLICY

#### A Statutory Policy

#### Notes:

1. *'Parent(s)' includes guardian(s) or any person who has parental responsibility for the pupil or who has care of them.*
2. *'Is to', 'are to' and 'must' are obligatory. 'Should' is not obligatory but is good practice and is to be adhered to unless non-compliance can be justified.*

#### AIM

1. The aim of this Policy is to direct the level and extent of sex education at Bishop Wordsworth's School (the School).

#### PARENTAL APPROVAL

2. Parents may opt for their children not to attend sex education classes by writing to the Head. The letter must be signed by all parents who have care of the pupil.

#### CONTENT OF SEX EDUCATION CLASSES

3. Sex education is to be taught primarily as part of the PSHE programme and aspects are also covered in Biology & RE. Visiting speakers are used, where possible, to supplement and strengthen what we do in school. The main areas to be covered are:
  - a. Mammalian reproduction.
  - b. Human reproduction including male & female reproductive systems, the menstrual cycle, 'periods' & their effects etc; legal, moral, religious/spiritual, and emotional aspects of human sexuality; what happens during sexual intercourse; conception & contraception; Sexually Transmitted Infections (STIs) & other potential hazards/ complications.
  - c. Moral, legal, religious/ spiritual, and emotional issues.
  - d. Responsibilities in relationships.
  - e. Sexual stereotyping and Lesbian, Gay, Bisexual, Transgender, Queer/questioning and others (LGBTQ+) awareness.
  - f. Online safety and risks of social media, including child sexual exploitation and grooming.

#### SUBJECTS TO BE TAUGHT BY YEAR GROUP

4. **Year 7.** Mammalian reproduction including male and female reproductive anatomy. Courtship and sexual reproduction in other animals. (in Biology lessons)

5. **Year 8.** Human sexual anatomy; human reproduction & related matters (as outlined above in sub-paras 3b & 3c above). The law with reference to sexual consent. Contraceptive methods and family planning. STIs and STDs. Attitudes and values to love and sex. The perils of pornography, sexting and safety on-line.

6. **Year 9.** Testicular, penile, prostate & breast cancers; Testicular Self Examination (TSE).

7. **Years 10 & 11.** Focus is on such matters as risk taking behaviour; responsibilities in relationships; attitudes to sex/ sexuality, including sexual stereotyping; parenting issues. Also revisits, in particular, STIs/STDs (signs/ symptoms, where to get help/ treatment, long-term consequences etc). Contraception (including demonstration of contraceptive devices, condom use and fitting) – reiteration of all key points previously covered. Consent and the Sexual Offences Act. In Biology, the mechanisms/hormonal control of the menstrual cycle is detailed along with sexual health and contraception and infertility treatments.

8. **Years 12 & 13.** PSHE in the 6<sup>th</sup> form may include a general review of all or any sex education matters taught in KS 3 & 4, but is far more ‘pupil led’ and is to tend to focus on areas in which they show interest/ concern. Pupils are reminded explicitly of the potential hazards of STIs and of the importance of conducting regular TSE and breast examination.

## **MONITORING AND EVALUATION**

9. This Policy is to be reviewed annually.

10. This Policy was adopted by Governors on: 9.10.07 and subsequently reviewed and where appropriate amended on (dates in parentheses indicates no change): (16.10.08). 13.10.09, 05.10.10, 29.09.11, (11.04.13), 13.03.14, (02.07.15), 28.06.16, 20.06.17, 26.06.18, 26.06.19, 30.06.20